



EndPreeclampsia
Educate. Advocate. Support.



PREECLAMPSIA & YOUR HEART

2x

Heart Disease

2x

Stroke

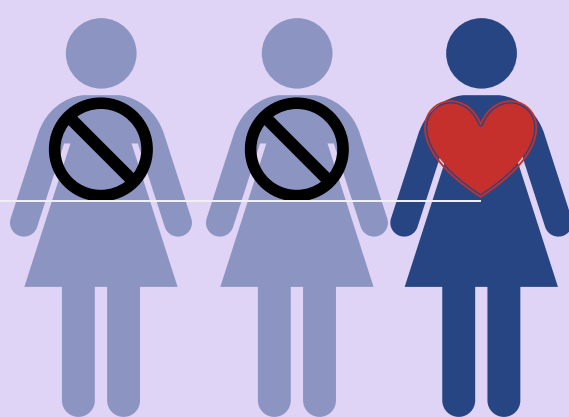
4x

High Blood Pressure

Preeclampsia, Eclampsia & HELLP increases your risks of these Cardiovascular conditions

Increased risk:

- ♥ Preterm delivery
- ♥ Low birthweight babies
- ♥ Multiple Pregnancies with preeclampsia



2 out of 3

Survivors will die from Cardiovascular Disease



Eat a Healthy Diet

Yearly



Physical



Healthy Weight

Manage Your Risk

Know Your



Family History



Exercise



Know Your BP

KNOW YOUR BP, CHOLESTEROL & BLOOD SUGAR NUMBERS!



VISIT OUR GROUP

DONATE

